



## Plant Information

Common Name: Lettuce  
Scientific Name: *Lactuca sativa*  
Plant Type: Annuals

## Physical Characteristics

Height/Spread: 20-30 cm tall and 15-25 cm wide  
Growth Rate: Fast  
Flower Color(s): Yellow  
Foliage Color(s): Green  
Bloom Time: Spring to early summer

## Plant Description

Lettuce is a popular and nutritious leafy green vegetable that is easy to grow in Canadian gardens. It thrives in the cool temperatures of spring and fall, making it a perfect addition to any home garden. With its fast growth rate and low maintenance requirements, lettuce is an ideal choice for beginner gardeners. Its crisp leaves and mild flavor make it a versatile ingredient in various dishes. Additionally, lettuce can be interplanted with other vegetables like carrots and onions to maximize garden space and promote healthy growth. Add some lettuce to your garden for a fresh and delicious addition to your meals.

## Optimal Growing Requirements



Sun: Full Sun to Part Shade



Soil: Well-draining, fertile soil



Water: Moderate Watering



Hardiness Zone(s): Zones 3-9

## Maintenance & Care

Maintenance Level: Low  
Potential Pests & Diseases: Aphids, slugs, mildew

## Additional Information

Special Features: Fast-growing, cool-season crop  
Common Uses: Edible leaves in salads, sandwiches, wraps

## Notes



902-543-5649



shop@villagenursery.ca



Pleasantville, NS

